

**INFANT JESUS CONVENT SCHOOL  
ANNUAL PLAN  
DANCE  
CLASS: 9<sup>Th</sup>**

<b>MONTH/NO OF DAYS</b>	<b>TOPIC: SUB TOPIC</b>	<b>OBJECTIVES</b>	<b>AIDS/ACTIVITIES</b>	<b>MULTIPLE INTELLIGENCE SKILLS</b>	<b>LEARNING OUTCOME</b>
<p style="text-align: center;">APRIL No Of Days:18</p>	<ul style="list-style-type: none"> <li>*Dance</li> <li>*Foot Movement</li> <li>*Nrita, Nritya and Natya</li> </ul>	<p style="text-align: center;"><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Different types of Adavu</li> <li>*Foot movements</li> <li>*Hand gestures</li> <li>*Dance with proper formation</li> </ul>	<p style="text-align: center;"><b>KNOWLEDGE</b> List the flat foot and heel foot steps</p> <p style="text-align: center;"><b>SKILL</b></p> <ul style="list-style-type: none"> <li>*Dancing skill</li> <li>*Confidence</li> <li>*Performance</li> </ul> <p style="text-align: center;"><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Analysis the root of the dance</li> <li>*Practice of the Dance moves</li> </ul> <p style="text-align: center;"><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Compare</li> <li>*Differentiate</li> <li>*Contrast</li> </ul>	<ul style="list-style-type: none"> <li>*Physical experience</li> <li>*Social experience</li> </ul>	<p style="text-align: center;">Students will be able to:</p> <ul style="list-style-type: none"> <li>*Express their emotions</li> <li>*Count the beats of each and every step</li> </ul>

<p>MAY No Of Days:14</p>	<ul style="list-style-type: none"> <li>*Folk dance</li> <li>*Namaskaram of classical dance</li> <li>*Hand gestures and their uses</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*The pattern of the dance</li> <li>*How to dance with co-ordination</li> <li>*Uses of single hand gestures</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Identify proper postures and dance moves</li> <li>Memorize dance steps</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Dancing skills</li> <li>* Confidence</li> <li>Adaptability</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Practice the steps of dance</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Experiment</li> <li>*Categorized the steps</li> <li>*Express feelings</li> </ul>	<ul style="list-style-type: none"> <li>*Interpersonal</li> <li>*Physical</li> <li>*Experience</li> </ul>	<p>Students will be able to perform with confidence</p> <ul style="list-style-type: none"> <li>*will understand the rhythm</li> </ul>
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CONDUCTION OF PT-1 ASSESSMENT

<p style="text-align: center;">JULY No Of Days:27</p>	<ul style="list-style-type: none"> <li>*Prayer dance</li> <li>*Heel foot steps</li> <li>*Taal parichay and laya</li> </ul>	<p style="text-align: center;"><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Speed of the dance</li> <li>*Meaning of the dance</li> <li>*Expression according to the lyrics</li> </ul>	<p style="text-align: center;"><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Memorize the steps</li> <li>*Identify the category of the dance</li> </ul> <p style="text-align: center;"><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Dancing skills</li> <li>*Adaptability</li> <li>*Confidence</li> </ul> <p style="text-align: center;"><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Practice the steps</li> </ul> <p style="text-align: center;"><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Experiment</li> <li>*Contrast</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Physical experience</li> <li>*Linguistic</li> </ul>	<p style="text-align: center;">Students will be able to: perform with expression and rhythm.</p>
<p style="text-align: center;">AUGUST No Of Days:23</p>	<ul style="list-style-type: none"> <li>*Adavu and Tatkar</li> <li>*Vandemataram</li> <li>*Namo bharat</li> <li>*Walking pattern</li> <li>*Standing postures</li> </ul>	<p style="text-align: center;"><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*The meaning of the song and give expressions accordingly</li> <li>*How to make formations</li> </ul>	<p style="text-align: center;"><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Relate the dance with nation</li> <li>*Identify proper footwork</li> </ul> <p style="text-align: center;"><b>SKILL</b></p> <ul style="list-style-type: none"> <li>*Creative</li> <li>*Confidence</li> <li>*Adaptability</li> </ul>	<ul style="list-style-type: none"> <li>*Physical Experience</li> <li>*Dancing Experience</li> <li>*Interpersonal</li> <li>*Intelligence</li> </ul>	<p style="text-align: center;">Students will be able to: *Make formations *Identify the hand gestures used in dance</p>

			<p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Practice the steps</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Differentiate</li> <li>*Compare</li> </ul>		
<p>SEPTEMBER</p> <p>No Of Days: 05</p>	<ul style="list-style-type: none"> <li>* Introduction of Indian folk dances</li> <li>*North Indian taal system</li> <li>*Dadra Taal 3 speeds</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Importance of classical dance</li> <li>*How to show dadra taal in hand</li> <li>*Three speeds of laya</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Explain Classical Dance</li> <li>*Brief introduction about Natraj the lord of dance</li> </ul> <p><b>SKILL</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Confidence</li> </ul> <p><b>APPLICATION</b></p> <p>Give examples of various famous dancers</p> <p><b>UNDERSTANDING</b></p> <p>Importance of Classical dance</p> <ul style="list-style-type: none"> <li>*Differentiate</li> <li>*Compare</li> </ul>	<ul style="list-style-type: none"> <li>*Interpersonal</li> <li>*Physical</li> <li>*Experience</li> </ul>	<p>Students will be able to know about classical dance and their origin</p> <ul style="list-style-type: none"> <li>*Tatkar</li> </ul>


CONDUCTION OF PT-2 ASSESSMENT

<p>OCTOBER No Of Days: 22</p>	<p>*Regional dance  *LAMBADI dance of Andhra pradesh</p>	<p><b>Students will be able to understand:</b></p> <p>*The difference between each regional dances</p> <p>*Match the steps *tempo *rhythm</p>	<p><b>KNOWLEDGE</b></p> <p>*Memorize the steps</p> <p>*Identify proper expression and foot work</p> <p><b>SKILLS</b></p> <p>*Adaptability</p> <p>*Dancing skills</p> <p><b>APPLICATION</b></p> <p>*Demonstrate</p> <p>*Analysis the root of the dance</p> <p><b>UNDERSTANDING</b></p> <p>*Contrast</p> <p>*Differentiate</p> <p>*Compare</p>	<p>*Intrapersonal *A physical experience</p>	<p>Students will be able to:</p> <p>*Know the beats</p> <p>*Proper hand movements</p> <p>*Formations</p>
<p>NOVEMBER</p>	<p>*Sufi Dance</p>		<p><b>KNOWLEDGE</b></p>	<p>*Interpersonal</p>	<p>Students will be</p>

<p>No Of Days: 23</p>	<p>*Biography of famous dancers and collage making..</p>	<p><b>Students will be able to understand:</b></p> <p>*The meaning of the song and give expressions accordingly</p> <p>*Make formations</p>	<p>*Identify proper postures and dance moves</p> <p>Memorize dance steps</p> <p><b>SKILLS</b></p> <p>*Dancing skills</p> <p>* Confidence</p> <p>Adaptability</p> <p><b>APPLICATION</b></p> <p>*Practice the steps of dance</p> <p>*Analysis the root of the dance</p> <p><b>UNDERSTANDING</b></p> <p>*Experiment</p> <p>*Categorized the steps</p> <p>*Express feelings</p>	<p>*Physical</p> <p>*Experience</p>	<p>able to:</p> <p>*Express their feelings</p> <p>*Identify beat pattern,</p> <p>*Dance with full of expression</p>
<p>DECEMBER</p> <p>No Of Days: 11</p>	<p>*Devotional dance</p> <p>*Dedasi culture</p> <p>*Dance based on 8 maatra taal</p>	<p><b>Students will be able to understand:</b></p> <p>*How to act through dance</p> <p>*How to give expression according to the song</p>	<p><b>KNOWLEDGE</b></p> <p>*Relate the dance with God</p> <p>*Memorize the steps</p> <p>*Identify proper expression and foot work</p>	<p>*Intrapersonal</p> <p>*A physical experience</p>	<p>Students will be able to:</p> <p>*Understand how to dance with confidence</p> <p>*Count the taal beats in hand</p>

			<p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Dancing skills</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Contrast</li> <li>*Differentiate</li> <li>*Compare</li> </ul>		
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CONDUCTION OF PT-3 ASSESSMENT

<p>JANUARY No Of Days: 21</p>	<ul style="list-style-type: none"> <li>*Taal Kaharwa, Dadra, Tritaal, Aadi taal</li> <li>*Carnatic taal system</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Actions with song hand and foot work</li> <li>*Sitting postures</li> <li>*Co-ordination</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Memorize the steps</li> <li>*Identify proper expression and foot work</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Interpersonal</li> <li>*Physical experience</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Know the beats</li> <li>*Proper hand movements</li> </ul>
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			<p>*Dancing skills</p> <p><b>APPLICATION</b></p> <p>*Demonstrate</p> <p>*Analysis the root of the dance</p> <p><b>UNDERSTANDING</b></p> <p>*Contrast</p> <p>*Differentiate</p> <p>*Compare</p>		
<p>FEBRUARY</p> <p>No Of Days: 22</p>	<p>*Revision</p> <p>*ChariBheda</p> <p>*Difference between Folk and Classical dances</p>	<p><b>Students will be able to understand:</b></p> <p>*The difference between each regional dances</p> <p>*Match the steps</p> <p>*tempo</p> <p>*rhythm</p>	<p><b>KNOWLEDGE</b></p> <p>*List the single hand gestures</p> <p>Identify the category of dance</p> <p><b>SKILLS</b></p> <p>*Confidence</p> <p>*Dancing Skills</p> <p>Adaptability</p> <p><b>APPLICATION</b></p> <p>*Practice of dance steps</p> <p>*Analysis the root of the dance</p> <p><b>UNDERSTANDING</b></p> <p>*Differentiate</p> <p>*Compare</p>	<p>*Dancing Experience</p> <p>*Interpersonal</p> <p>*Intelligence</p>	<p>Students will be able to:</p> <p>*Know the proper expression</p> <p>*Make formations</p> <p>*Tree speeds of laya</p>



MARCH

FINAL ASSESMENT